

кемтиску Cabinet *for* Health *and* Family Services

# KINSHIP CARE RESOURCES



## KENTUCKY FAMILY CAREGIVER PROGRAM

Kentucky Family Caregiver Program provides a wide range of services, including matching grandparent caregivers with support groups and providing information about resources, assistance in accessing services, counseling, and training. The grandparent must be the primary caregiver for a grandchild no older than 18 who is related by blood, marriage, or adoption. The child must live in the caregiver's home, and the child's parents may not reside in the household. Program participants also may be eligible for a grant or voucher for a grandchild each fiscal year for clothing, respite, school supplies, educational needs, required legal services, medical/dental services, and other approved expenses. To receive financial assistance, eligible grandparents must have annual incomes of no more than 150 percent of the federal poverty level and not receive state Kinship Care program benefits. Contact your local Area Agency on Aging and Independent Living at <a href="https://chfs.ky.gov/agencies/dail/Pages/caregiver-support.aspx">https://chfs.ky.gov/agencies/dail/Pages/caregiver-support.aspx</a> for more information about this program.

## NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM

The National Family Caregiver Support Program offers flexible benefits and support services to informal caregivers of people 60 years of age or older; an individual with Alzheimer's disease or a related disorder; and also for grandparents and relatives age 55 or older caring for a relative child no older than 18 years of age-related by birth, marriage. or adoption. The services include:

- · Information about available programs and services
- Assistance accessing services
- Counseling, support groups, and training to help caregivers make decisions and solve problems related to their caregiver role
- · Respite care to give caregivers time off from caregiving responsibilities
- Supplemental services on a limited basis, to supplement caregiving tasks

Contact your local Area Agency on Aging and Independent Living at https://chfs.ky.gov/agencies/dail/Pages/caregiversupport.aspx.

### **TO LEARN MORE...**

For quick links and additional information related to the resources listed above, please visit the Kentucky Kinship Navigator Web Portal at <u>kyfaces.ky.gov</u>. On the upper right-hand corner of your screen, click the "Kinship" tab and select "How We Support You". The programs and services identified above will be listed on that page in addition to many more.

#### **DO YOU NEED HELP BUILDING YOUR PARENTING TOOLKIT?**

The Just in Time Kentucky training system offers a variety of free training and supports to caregivers. Participate in the training(s) to learn more about effective discipline in developmental stages, understanding termination of parental rights, and much more! Get started at JITkentucky.org.



